

BOOKS, MUSIC & MORE

IN ADDITION TO STAN AND CHRISTINA'S NUMEROUS BOOKS, HERE ARE MANY OF THE WORKS OF MEMBERS OF OUR HOLOTROPIC COMMUNITY & FRIENDS
(titles with + are available from Holotropic Books and Music, others on author's website)

TAROT DECK

+New Earth Tarot – artwork by **Kate Silver** (certified HB facilitator and artist) \$30

CHILDREN'S BOOK

+Lillibits Dream – story by **Melody Sullivan** (certified HB facilitator), illustrations by **Stanislav Grof** \$20

FICTION

+*The Moor Express: A Novel in Three Parts* – by **Kenneth Edwin Sloan** (certified HB facilitator and AHBI director) \$15

+*Incensed: The Novel* – by **Cary Jane Sparks** (certified HB facilitator and GTT co-director) \$15

PHOTOGRAPHY / MEDITATION

+*Wholeness and Fragmentation: A Guidebook to Engaged Spirituality* by **Mathilde Freeman** (certified HB facilitator) \$10

NON-FICTION

+*The Journey Through Cancer: Healing and Transforming the Whole Person* By **Jeremy Geffen, M.D.** (certified HB facilitator and internationally recognized educator) \$15

+*SPENT: Break the Obsession and Discover Your True Worth* By **Sally Palaian, Ph.D.** (certified HB facilitator and therapist) \$15

+*The Jaguar that Roams the Mind: An Amazonian Plant Spirit Odyssey* by **Robert Tindall** (husband of certified HB facilitator Susana Bustof) \$17

+*Pregnant Darkness: Alchemy and the Rebirth of Consciousness* by **Monika Wikman, Ph.D.** (co-leader of the Red Book module with Diane Haug and Jungian analyst/teacher) \$19

+*Soul Collage* by **Seena Frost** – published by Hanford Mead Publishers, Inc (Kylea Taylor and James Schofield, both certified HB facilitators) \$25

+*Simple Spirituality: Finding Your Own Way* by **James Nourse** (certified HB facilitator) \$15

The Sacred Union: Connecting the Masculine and Feminine Within by **Karen Marie Castle**
(certified HB facilitator)

Unveiling the Modern Goddess: Thru Symbolism, Chakras & Myth by **Karen Marie Castle**
(certified HB facilitator)

BOOKS BY KYLEA TAYLOR (certified HB facilitator, former Inner Door editor, and
GTT teacher emeritus)

+*The Breathwork Experience: Exploration and Healing in Nonordinary States of
Consciousness* \$17

+*Ethics of Caring: Honoring the Web of Life in Our Professional Healing Relationships* \$21

+*Considering Holotropic Breathwork: Essays and Articles on the Therapeutic and
Sociological Functions and Effects of the Grof Breathwork* \$22

+*Exploring Holotropic Breathwork: Selected Articles from a Decade of the Inner Door*
(Edited by Kylea Taylor) \$70

+*Holotropic Breathwork Facilitators Manual* \$50

POETRY

+*Through Thunder: An Epic Poem of Death and Rebirth* – by **Tav Sparks** (certified HB
facilitator and GTT director) \$18

OTHER BOOKS and SPOKEN AUDIO CD'S BY TAV SPARKS

+*Movie Yoga: How Every Film Can Change Your Life* (book) \$19

+*Tav Sparks Talks about Movie Yoga* (CD) \$15

Holotropic Breathwork CD Series (4 titles) \$15 each, or all 4 for \$49

+Disc 1 ~ Getting Started on Your Inner Journey

+Disc 2 ~ Addiction, Recovery and the Spiritual Path

+Disc 3 ~ A Modern Spiritual Method with Lessons for Practical Life

+Disc 4 ~ Healing Stories from Holotropic Breathwork™

+*The Wide Open Door: The Twelve Steps, Spiritual Tradition, and the New Psychology*
\$12

+*Doing Not Doing: A Facilitator's Guide to Holotropic Release Work* \$11

MUSIC By Byron Metcalf (certified HB facilitator and drummer/percussionist)

+Deep Time Dreaming (Hemi Sync) \$20

+Dream Tracker \$16

+Helpers, Guides and Aliies \$17

+Induction: Breath ~ Surrender ~ Repeat \$17

+Shaman's Heart (Hemi Sync) \$20

+Shaman's Heart II: The Healing Journey \$17

+ Spirit Gathering (Hemi Sync) \$20

+Warning from the Elders \$17

MUSIC BY MARC SEELIG

Disciple